



Toronto Foundation for Student Success



Feeding Our Future

Nourish the body ... Nourish the mind

Student Nutrition Programs – *A hungry child cannot learn*

Sadly, in Toronto, one in three children live in poverty. Too many students arrive at school hungry. A 2007 Toronto District School Board survey revealed that 41% of children started school each day without breakfast.

The Jane/Finch Universal Breakfast Program - *A hungry teen is an angry teen*

This community experiences elevated rates of poverty, immigration, and violent incidents. It also has the highest rate of diabetes and child obesity in all of Canada (the Institute for Clinical Evaluative Sciences – November 2007).

When our teachers were asked what was most needed for their students to succeed, their response was simple. Feed Our Children! Not a surprising answer considering:

- 68% of our students do not eat breakfast every day; 21% never do
- 54% of our students do not eat lunch every day; 5% never do

In response, the Feeding Our Future program is now serving breakfast every day to approximately 6,000 students in three high schools and four middle schools located in the Jane/Finch region of North York.

- We help feed breakfast, lunch and snacks to over 90,000 students daily.
- The TFSS helps fund over 500 student nutrition programs serving healthy meals each school day
- **Cost:** \$1.00 per child for morning meal.



"I used to attend another high school. Often I had to leave in the afternoon because I was so hungry I couldn't concentrate."

"The teachers told me that, for most of their students, the meal we provide is the only meal the children will eat that day"
Supervisor West End Alternative Secondary School

You can help by making a donation and by participating in the various TFSS fundraising activities. Donations can be made on line at www.torontofoundationforstudentsuccess.ca or can be sent to:

The Toronto Foundation for Student Success

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The TFSS operates independently from the TDSB, while acting as its charitable foundation. The school board pays all administration costs and provides free office space which enables the TFSS to apply 100% of all donations directly to its programs.